



STRESSOR STACKING

Stressor stacking is a process by which multiple stressful events or experiences build up causing an overwhelming feeling. Often, by the time our pets have reached the practice they have already had to endure many out-of-routine stressful events.



Being mindful of this process can help us to reduce any anxieties our pets may have. For example, we can make carriers less stressful with carrier training and waiting room visits less stressful by using blankets to cover their carriers and keep them up out the way of dogs that are in the waiting area.



WAREHAM CAT FRIENDLY CLINICS

Did you know that we have dedicated Mondays to cats only at our Wareham branch! This means that it will be a much quieter and calmer environment and should reduce anxiety prior to their appointments.

Heightened stress levels don't just make examination more difficult, it can also lead to issues such as high blood pressure and stress cystitis. This is why it is so important to keep their visits as relaxed as possible.

A GUIDE TO

RELAXED CAT VISITS

A few things to bear in mind...

