



CAT

## ENRICHMENT



- KEEPING BRAINS ENGAGED
- HELPS WITH WEIGHT LOSS
- IMPROVES MENTAL WELLBEING
- INTRODUCES VARIETY TO THEIR STIMULATION

**NOT ALL TOYS HAVE TO BE EXPENSIVE! USE HOUSEHOLD ITEMS SUCH AS SMALL PLASTIC BOTTLES. MAKE HOLES IN THE BOTTLE AND PUT A PORTION OF YOUR CAT'S DAILY FOOD ALLOWANCE INSIDE FOR THEM TO ROLL AROUND WITH THEIR PAWS TO TRY AND GET THE FOOD OUT. ANOTHER HOUSEHOLD ITEM YOU CAN USE IS A CARDBOARD TUBE FROM TOILET OR KITCHEN ROLLS. TAPE THESE ON TOP OF EACH OTHER TO CREATE A PYRAMID SHAPE. PUT FOOD INTO THE TUBES AND ALLOW YOUR CAT TO USE THEIR PAW TO GET THE FOOD OUT.**

**HIDE SOME OF YOUR CAT'S DAILY FOOD ALLOWANCE AROUND A ROOM AND GET THEM TO SEARCH FOR THEIR FOOD. THIS KEEPS THEM ACTIVE AND MENTALLY STIMULATES THEM.**



**ALWAYS MAKE SURE YOUR PET IS SUPERVISED WHILST PLAYING WITH THESE TOYS!**

**CONTACT OUR NURSING TEAM FOR MORE HELP AND ADVICE!**

